



**Grayshott CE Primary School**

**PE Policy**

**Non-Statutory Policy**

**Approved by Curriculum & Standards Committee  
Summer 2022**

**To be reviewed by  
Curriculum & Standards Committee  
Summer 2024**

# **Grayshott CE Primary School**

## **PE Policy**

### **Vision**

At Grayshott, we believe in providing children with a platform that will allow them to participate in any physical activity. We want our children to embrace a culture of being active, recognising the joy that this brings to us socially, emotionally and mentally. We want our children to leave this school equipped with the appropriate skills and attitude that will serve as solid foundations for them to engage in, and enjoy, a variety of sporting activities throughout the rest of their education and indeed into their adult lives.

### **Aims**

- For children to develop a love of physical activity and a sense of joy from taking part in a range of activities with each other.
- To develop positive attitudes towards physical activities and maintain self-esteem by taking part in well planned and delivered PE lessons that are accessible for all children, regardless of ability and/or prior experience.
- To help children understand the benefits to their mental health from regular physical exercise.
- To provide children with an awareness of local sports facilities and clubs that they can access and enjoy their participation in particular sports.

### **Teaching and Learning**

- By encouraging achievement at all levels and being positive in response to the child's performance and efforts.
- By children's participation in grouped, paired or individual work.
- By pupils setting targets for themselves.
- By providing non-competitive and competitive activities.
- Practise skills through a wide range of contact and non-contact sporting activities.
- By developing physical skills, tactical and compositional understanding.
- By pupils developing knowledge and skills through self/team planning, performing and evaluation.
- By creating awareness of Health and Safety issues.
- By utilising ongoing assessment to enable practice and progression.
- By valuing and celebrating individual and team achievement, effort and attitude.

### **Role of Curriculum Subject Leader**

- With the Headteacher, to share a role in the monitoring and evaluation of the PE curriculum throughout the school.
- To encourage other members of staff in their teaching of PE and to give support where appropriate.
- To ensure staff work within the guidelines laid down in the PE policy.
- To keep up to date with current good practice and with national changes within the PE curriculum.
- To evaluate and update the Policy and Scheme and resources on a regular basis.
- To assist the Headteacher and Governors in the development of the School Improvement Plan.
- To manage the use of Sports Premium budget, formulating a clear purpose for the money and evaluating the impact that this has across the school.
- To support members of staff in the use of effective planning, assessment and recording systems.
- To maintain a high standard of PE teaching in his/her own classroom and ensure that PE keeps a high profile within the school, through sports activities, external support, etc.

## Entitlement

Children are entitled to high-quality PE lessons. See below for time entitlements.

Year Groups	PE entitlement Outdoor	PE entitlement Indoor
Reception	Unlimited opportunity for outdoor play experiences.	1 hour per week
Years 1 - 6	1 hour per week	1 hour per week

Specialist sports coaches teach outdoor sessions to Year 2,3,4, and 6. Class teachers in Year R, 1 and 5 are responsible for teaching outdoor sessions. Quality of teaching and learning from both specialist coaches and class teachers is monitored.

All class teachers teach one indoor session with their class which will cover fundamental skills of movement (Agility, Balance and Co-ordination), gymnastics or dance.

## Swimming

Children in Year 4 will receive swimming lessons offsite in the Spring Term.

## Planning, Assessment, Recording and Reporting

### Planning

Planning for PE is initially shown in long term and medium term plans. Lesson plans (annotated from the schemes of work) show more detailed learning objectives and activities to challenge all learners.

### Variation:

- Pupil activity and teacher input – different levels of tasks, roles, responsibilities, length of time given to complete tasks.
- By pupil groupings: equal ability groups, pairs or individual work.
- By resource: e.g. children using beanbags, or a cone, when practising the skills of throwing and catching.

### A high-quality sequence of lessons should include:

- A statement of the learning objective
- Teaching the children to warm up safely
- Teaching of skills and techniques
- The application and adaptation of learnt skills in games activities
- Modelling of correct technique
- Use of correct and specific technical vocabulary
- Performance and evaluation of each other's work
- Work which reflects the learning objective
- Teaching the children to cool down safely
- Teaching the children the impact PE has on them (physical and mental)

## Assessment

**Summative and formative assessment** in PE is carried out by class teachers:

- Informally during the course of teaching through observation
- At the end of each unit of work teachers to assess children's achievement against the taught objectives.
- These are used to assist in reporting to the parents and are passed on to the following class teacher
- To inform future planning

During assessment, teachers will look for:

- ability
- accuracy
- adaptability
- efficiency
- ability to do more than one thing simultaneously
- teamwork and inclusion of others
- Stamina
- imaginative performance

#### **Equal Opportunities:**

- All pupils have the same access to the full PE curriculum.
- Both sexes are encouraged to participate in all after school activities.
- Experience in Outdoor Pursuits takes place with residential trips in Year 5 and Year 6.
- Financial support is available for pupil premium children.

#### **Extra Curricular Activity:**

There is a range of after school activities run by teachers and outside providers for children across the school. These may include, but are not limited to:

- dance
- football
- judo
- archery
- gymnastics
- ballet
- cricket

There are also trained Lunchtime Leaders from either Year 5 and 6 who are trained to lead activities during break and lunchtime for children across the school.

We aim to develop links between school physical education and local clubs to provide pupils of all abilities the opportunity to participate more in sports and activities of their own choice.

#### **Sports Premium**

Sports premium funding is planned for on an annual basis. Aims for the year are outlined in a sports premium plan which explains how funding will be used to meet those particular aims. At the end of the academic year, these are reviewed and the impact is then assessed.

#### **Health and Safety:**

- Smart standard of dress & appearance- school uniform.
- Loose appropriate sportswear – white t-shirt and black/blue shorts.
- Long hair should be tied back.
- Bare feet for gymnastics and dance.
- Sturdy footwear for field and court activities.
- All jewellery including watches and earrings **must be** removed.
- If an accident occurs during a sessions:
  - Stop the children moving
  - Send a child to the office for assistance
  - Attend to the injured child
- Correct arrangement, storage and set-up of equipment.
- Staff to wear appropriate clothing to teach PE
- Pupils wearing football boots must also wear shin pads and these pupils should only work in groups wearing likewise.
- Children should be encouraged to have a water bottle with them during PE lessons.

- Regular checks of large equipment inside and outside

#### **Child participation**

- Children who do not have a PE kit will take part in the lesson if it is safe to do so without their kit. If there is not safe for them to do so or there is a medical reason, the child will be an observer rather than a participator and they will be given a non-participation sheet to fill in (See Appendix A and B).
- Parents will be informed via a letter (See Appendix C) if a child has forgotten their kit. This will be monitored by the class teacher. Should a child forget their kit three times in a term, then the class teacher will meet with parents.
- Every child must have a school PE kit in school every day. They should bring it into school at the beginning of a half term and take it home at the end of a half term for cleaning.
- If a child is unable to take part in a lesson due to a medical condition, a signed letter from the child's parent or carer must be presented to the class teacher.
- Children will not be allowed to share or borrow PE kits from siblings or other children in school.

#### **Staff Development:**

- Staff will have the opportunity to attend training and courses to develop knowledge & skills according to their needs.
- The PE co-ordinator will liaise with staff to identify training needs/opportunities for individuals, Key Stage's or for all the staff, including the use of In-service Training.
- Monitoring will allow good practice to be recognised and shared to the benefit of all the staff.

#### **Resources**

All teachers have access to centrally stored PE resources. Resources are kept in two locations; indoor and outdoor stores. All PE resources are checked termly to ensure that they meet health and safety requirements, and in addition to this, all resources are audited annually.

## Appendix A

### KS1 NON-PARTICIPANTS IN PE - OBSERVATION SHEET

Name: \_\_\_\_\_

I am not doing PE today because:

I forgot my kit

I am poorly



In today's lesson we are learning about:

\_\_\_\_\_

Draw a picture of what happened in PE today.

Watch one of your friends. What are they doing well? Make a list of what you see.

- 
- 
- 

Label the parts of the body that the children used most in today's PE lesson.



## Appendix B

Name: \_\_\_\_\_

During the PE lesson, answer the following questions by observing the activities that occur. You will need to use the back of this sheet to record some of your answers.

1. The reason I am not taking part in PE today is:
  
  
  
  
  
  
  
  
  
  
2. Where did PE take place today? \_\_\_\_\_ (indoors/outdoors).
  
3. Write down the warm-up activity/activities done during the beginning of the lesson.
  
  
  
  
  
  
  
  
  
  
4. In today's lesson we are learning about: (indicate names of activity area, skills, etc).
  
  
  
  
  
  
  
  
  
  
5. Does the activity seem easy to learn/play? On the back of this sheet, explain in your own words why or why not?
  
  
  
  
  
  
  
  
  
  
6. Pick one person to watch throughout the lesson. Do not identify them by name. On the back of this sheet, describe some of the things they are doing best.
  
  
  
  
  
  
  
  
  
  
7. What do you think they need to improve most? How might they achieve this?
  
  
  
  
  
  
  
  
  
  
8. On the back of this sheet, write a short paragraph about what you know about today's activities. Tell about strategies and/or skills involved in the activity, if you have played it before, your like/dislike for the activity.
  
  
  
  
  
  
  
  
  
  
9. What are some things you can do next time so that you can participate in PE?

## Appendix C

Child's name: \_\_\_\_\_ Date: \_\_\_\_\_

Dear Parents

Unfortunately, your child did not have their PE kit with them today and was therefore unable to participate. PE is a compulsory part of the National Curriculum.

Please ensure your child has his/her PE kit in school every day in a sturdy bag which they can keep on their peg or which fits easily into their locker. All PE kit should also be named. The correct school PE kit is as follows:

- White t-shirt (no logos except the school badge and certainly no football shirts)
- Black shorts
- Trainers or black plimsolls

It is also a good idea to provide spare socks (especially for girls if they wear tights to school) and warm jogging bottoms in either black or grey, plus a school fleece or sweater.

Gymnastics or dance will usually be taught barefoot.

Items from the list above can be ordered from Uniform Easy website which is [www.uniformeasy.com/116290](http://www.uniformeasy.com/116290).

Please complete the slip below to confirm receipt of this letter.

Yours sincerely

Class Teacher

\_\_\_\_\_

Child's name: \_\_\_\_\_

Date: \_\_\_\_\_

I acknowledge receipt of my child's PE kit letter and confirm he/she now has the correct school PE kit.

Signed: \_\_\_\_\_